



**Dr. Jacob Steiger** is a graduate of the University of Miami School of Medicine and did his internship and residency at the University of Pennsylvania Health System, and a fellowship in facial plastic and reconstructive surgery at the University of Michigan. He is board-certified by the American Board of Facial Plastic and Reconstructive Surgery and the American Board of Otolaryngology.

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## Lower eye lid surgery

### Old way

To reduce the look of bags under the eyes, some surgeons remove skin and fat below the eyes to tighten up the area, but this can change the shape of your eye.

### New Way

Dr. Jacob Steiger, a Boca Raton facial plastic surgeon, performs the procedure from inside the lower lid using a method he compares to a hernia repair.

“The first thing people see when they look at you is your eyes,” he says. “The eyes are the focal point of the face. Eyelid fullness is a symbol of youth and beauty, so you want them to look good.

But as we age, the ligament between the lower eyelid and the bone of the eye starts to get loose and starts to sag,” he says, and as a result the fat herniates forwards.

Steiger tightens up the ligament and puts the tissue back where it belongs, he says. He supplements the natural eyelid fat with fat taken from the patient’s abdomen or thighs to create a more youthful appearance.

“It looks a lot more natural, and doesn’t change the shape of the lower eyelid, so you look like you,” he says.

The procedure takes about an hour and is done under IV sedation, followed by about a week to recover because of bruising and swelling.