

Fun in the Sun Can Result in Not-So-Fun Skin Cancer

By Staff

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Mohs Facial Reconstruction Corrects Cancer Removal Defects



(HealthNewsDigest.com) - Summer brings the opportunity to enjoy outdoor activities under sunny skies; it unfortunately also brings a heightened chance for the development of skin cancer – especially facial skin cancer. One of the most common cancers in both men and women across the world, facial skin cancer is not only very treatable (especially when caught early), but possible facial defects resulting from cancer removal can be repaired.

There are two methods of skin cancer removal: wide local excision, a good option when additional skin can be removed without consequence and reconstruction is not a concern; and Mohs surgery, in which the entirety of the cancer is removed while as much healthy tissue as possible is preserved, and repair of the skin defect is considered.

Because Mohs is a popular method used when cancer is located in prominent areas such as the face or nose, MOHS reconstruction is very beneficial.

“Mohs surgery offers cure rates of up to 99 percent, and reconstruction after the surgery allows patients to continue enjoying life without highly visible holes and depressions in the skin,” said Dr. Jacob D. Steiger, an accomplished facial plastic surgeon and Mohs reconstruction specialist based in Delray Beach, Fla. “In my opinion, Mohs is the best option when the cancer is located in areas of the face where reconstruction is more of a concern.”

Accomplished facial plastic surgeons such as Dr. Steiger work closely with highly qualified Mohs surgeons to coordinate the best possible treatment for facial skin cancers. By utilizing different types of grafts and/or flaps, unavoidable facial defects created by Mohs are repaired. The type of repair performed depends on the size and location of the wound.

“Many Mohs procedures are performed under local anesthesia in the comfort of a plastic surgeon’s office,” said Dr. Steiger. “Some very large defects may require staged procedures and be performed under twilight sedation in an ambulatory surgical center. General anesthesia is rarely required. “

“Depending on the size of the defect, the procedure takes on average 30 minutes to two hours,” he continued. “Most of the time, only over-the-counter Tylenol is needed afterward for pain.”

Dr. Steiger is quick to state that the key to treating skin cancer is early detection, and that everyone should perform self-checks and visit a dermatologist for a full body skin examination. “No matter where

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you live or what age you are, summer can mean intense sun exposure. Take plenty of precautions to protect your skin.”

ABOUT JACOB D. STEIGER, M.D. & STEIGER FACIAL PLASTIC SURGERY

An accomplished, Ivy League-trained physician, Dr. Jacob D. Steiger specializes exclusively in plastic surgery of the face. His areas of expertise include facial rejuvenation procedures (facelift, brow lift, fat grafting, chemical peels), rhinoplasty and revision rhinoplasty, blepharoplasty (eyelid surgery), otoplasty (ear pinback), scar revisions, and facial MOHS reconstruction. Among the advanced techniques he offers are vertical facelifts, which utilize a three-dimensional approach to correct lax skin and ligaments while restoring facial volume with fat micrografting, and deep plane facelifts, which treats the underlying tissue layers and muscles to provide a longer-lasting rejuvenation benefit. The surgical services Dr. Steiger provides are complemented by a number of non-surgical interventional procedures, including facial fillers, Botox treatments, the full range of skin resurfacing options and liposculpturing.

Dr. Steiger is one of only a handful of physicians in South Florida who dedicates his practice solely to plastic surgery of the face and nose. Dr. Steiger passed rigorous testing by the American Board of Facial Plastic Surgery and is a diplomat of the American Academy of Facial Plastic and Reconstructive Surgery. He is also board-certified by the American Board of Otolaryngology-Head and Neck Surgery.

Dr. Steiger's practice is located at 4675 Linton Boulevard, Suite 200 in Delray Beach, Florida. For more information or to schedule an appointment, visit www.drsteiger.com.

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