

Face-lift

OLD WAY

As we age, our faces change. Jaw lines sag, double chins develop and skin loses elasticity. Face-lifts restore vitality by manipulating the lower third of the face and neck. In the past, doctors simply cut out a portion of the skin and tightly sewed it back together, resulting in that face-lift “wind-swept” look.

NEW WAY

Using new understandings of facial anatomy and the aging process, facial plastic surgeons such **Dr. Steiger** have created the Deep Plane Face-lift. Steiger probes the muscle layer surrounding the deep tissue of the face and neck. He lifts the muscle layer closest to the sagging tissue and creates a more natural appearance. He also elevates cheek fat in the middle of the face to further restore vitality. “If you want the Rolls-Royce of face-lifts, the Deep Plane lift is it,” Steiger says. “You get the jowl and the neck. It looks completely natural.” Patients are put under sedation in the operating room, experience bruising for about two weeks and return to work after about 10 days.



Doctor Details

A Miami native, Dr. Jacob D. Steiger trained at the University of Miami, the University of Pennsylvania and the University of Michigan before opening a private practice in Palm Beach County. Specializing in plastic surgery of the face and nose, Steiger has been extensively published in peer-reviewed medical journals.

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